

Finger Lakes Area Sub Committee of Narcotics Anonymous August 14th, 2016

1000 Meeting opened with Serenity prayer, 12 steps and traditions, and service prayer.

GSRs present 24

Absences

Facilitator, Co-facilitator, and Lost Dreams Awaken GSR, and Rianne S notified RCM or Facilitator of their absences today

Minutes

Proposal 3 in Old Business- Should reflect that the \$500 dollars for the storage unit has been handed over to the Money Handler

Old Business

Positions Open:

Assistant Note Taker

Assistant Money Handler

RCM Alternate

Outreach Facilitator

Proposal 3- ISOL Storage Unit- Update: The items have been moved. Our vote is no longer necessary.

Subcommittee Reports

PR Report: (Report attached)

Guidelines Report (No report since there was no meeting)

Dave has a new job that requires every other weekend attendance. For Aug and September, he will be present at ASC. October he will not. He is not available to participate in subcommittee meetings on his on shift weekends. In time he may be able to switch weekends with his work counterpart, but for now it remains this way. Guidelines did not meet in July due to his work schedule.

*Discussion about getting the mail. Crystal offered to pick up the mail for this month. No objections. *

SOL (Report attached)

Balance is \$3075.18. They are in need of a Money Handler.

Lit Report (Report attached)

Inventory completed. Lit/Guidelines will be working together to revise guidelines

A&E Report (Report attached)

A member asked if we need to be concerned about the number of deposits/balance we have in regards to endangering our Tax Exempt status

GSR Reports

GROUPS PRESENT	NOT PRESENT	
We Together Hand in Hand- Anniversaries	Unity and Beyond	Unexcused
Soul Searchers	Up From The Ashes	Unexcused
New Hope	Lost Dreams Awaken	Excused
Keeping It Simple	Step Up And Be Free	Excused
Recovery Starts Here	Ties That Bind Us	Unexcused
Back To Basics-Hornell	No Matter What	Unexcused
Basic Text Study Group	Keeping It Green	Unexcused
Steps To Life	Why Are We Here	Unexcused
Vision of Hope	The Nooner in Dansville	Unexcused
Golden Links	Stairway to Serenity	No GSR
NA in Nundae	Riverside Recovery	Unexcused
U R Not Alone	Moonlight Surrender	NO GSR
Self Discovery	Recovery at Work	NO GSR
Saturday Night Live		
Recovery On The Hill		

HUGS DAY EVENT (Flyer attached)

GSRs of Auburn home groups are putting on the 2nd Annual H.U.G.S. Day event. 9/17 at 144 Genessee St in Auburn- Metcalf Plaza. There will be a Ziti Dinner, DJ, and a Speaker jam which starts at 1pm. Please bring a dish to pass. This event is being put on in conjunction with A&E. Suggested donation of \$4.00. GSRs have been meeting at 830pm at DD on Grant Ave every Friday night. All are welcome to attend the planning sessions.

OFFICER REPORTS

RCM Report (Report attached)

RD wants an insurance coordinator at Region. Currently there is not anyone that has the knowledge to do that. He is looking to delegate some of his duties.

Facilitator

Does not have anything to report

Assistant facilitator

Not present

Note Taker

Minutes reflect report

Money Handier

The discussion put forward was that 10% of our balance will go to Region. This amount is \$18.80. After back and forth discussion, we have decided to put \$0 towards region for THIS MONTH only.

Payments

Phone Bill 27.92

Rent 150

Service Charge 6.60

Total Expenses 184.52

Current Balances

Previous month balance \$372.55

Current Deposits \$188

Current Expenses \$184.52

Ending Balance 376.03

New Business

Proposal 1 We switch website carrier from IPower to Go Daddy- this will bring monthly fee from \$254/yr to \$65/hr as well as upgrade from HTML to Word Press. The domain name will remain the same.

No Opposition- Proposal passes

Agenda Items

WiFi password- It would be helpful to have access to this for ASC and subcommittee meetings.

RCM is asking for direction at Region from the group- A member is asking for RCM to ask for an audit at Region. A member is seconding this as well as stating that there is no money coming in to Region which they are stating is part of the problem.

Announcement Next Sunday at 2pm there will be a Regional H&I

Meeting Closed at 1153

Aug 14, 2016
AREA -

Crystal G	SOL Fac. - wife password
Kenny T	Recovery on the Hill
Kenny T	saturday night live
RICHARD J.	Soul Searchers
James D	- Golden Links
David Self	- Recovery starts here
Michael S	- NA in Nunda
John H.	Vision of Hope
Lisa H.	Vision of Hope GSR alt.
MONICA S.	Back to Basics - Hornell GSR
Chris S	Back to Basics - Hornell GSR - Alt.
TOOD	Public Relations
Windsor T	Keeping it simple
Theodore H.	U R NOT ALONE
JEFF W	Self Discovery Alternate GSR
Mike R	Self Discovery GSR
Mike A	- ATE Facilitator
Mary R	we together hand in hand
maurine M	Literature facilitator
Tasha T.	ASC money handler.
Jenn W	3rd tradition
Meredith	Note taker
Dave G.	Guidelines Facilitator
DAVID S	NEW HOPE GSR
Trevor V	REM - Recit me
William B	GSR STEPS TO LIFE

Public Relations 8-14-16

ToddJ

johnstontodd75@gmail.com

585-905-5652

H&I

We are currently going into W3 and Bath VA Detox. We have many places wanting the NA message.

Just to put this out there, Hospitals and Institutions is to carry the message to the addict who can not get to regularly scheduled meetings. Which requires members to volunteer time. It's baffling to this committee that we spent a year at the ASC arguing on splitting this Committee by most of which have not been to this committee or into a facility to carry the message.

Most of the facilities like the county jails that continue to email and ask about NA, are desperate for help carrying the message to suffering addicts. It's getting harder and harder to continue to ask them to be patient with our fellowship.

Our committee meets right after ASC, check it out.

Meeting List

Meeting list are July Print and are current. October is next printing cycle.

Website

We are looking at GoDaddy as our Web carrier. It will cost \$59.88/tax. A year. That is for hosting, email, domain remap and wordpress. We currently use ipower and the cost is \$254 every 2 years which is due in November. We can keep the same domain name. We will be switching from HTML and use Wordpress.

Helpline

Helpline is running smooth. We will be having a Helpline Orientation October 1st before Spiritual Awareness at 11 AM. 11 Gibson Street, Canandaigua.

Spiritual Awareness

Is all set for October 1st

What's happening in PR?

We are continuing to keep our works attractive and moving forward to carry and further NAs message. We have members doing work of putting up posters , going into facilities to carry the message, answering the Helpline, putting up posters, handing out meeting lists and IPs to enquiries about NA. We can always use more folks to broaden the base.

Financials

In loving Selfless Service,

Todd J

FLASCNA

Treasurer report

Date 8/13/16

Deposits: \$188⁰⁰

Groups 188⁰⁰

Lit. Comm. _____

PR Comm. _____

Guidelines Comm. _____

A&E Comm. _____

SOL Comm. _____

Misc. _____

Expenses: ~~\$777.92~~ \$184⁵² + ~~10⁰⁰~~ ~~55³²~~

Lit. Comm. _____

PR Comm. _____

A&E Comm. _____

SOL _____

Region 48⁰⁰

ASC Notetaker _____

ASC Supplies _____

ASC Phoneline 27⁹²

ASC Rent 150⁰⁰

Misc. Service Charge 6⁰⁰

Current Balances

Previous Month Balance \$372.55

Current Deposits \$188⁰⁰

Current Expenses ~~203³²~~ 184⁵²

Month Ending Balance 357.23 \$376.03

Checkbook Balanced As Of 8/13/16

In Loving Service John L.

RCM Report

8/14/16

Open positions at region are
Seca, Recovery by mail, lit. insurance Cord,
and Activities Cord. The Heart of NY declines
taking part in the insurance. Recovery by
mail gave a projected budget of \$190. I
still have not got a report from the
RD from world.

In Loving Service
Trevor V.

FLASCNA
ACTIVITIES AND EVENTS
FINANCIAL REPORT

DATE _____

Committee Chair. Mika A.
 Committee Treasurer Tasha T.
 Previous Checkbook Bal. 872.74
 Total Income 430
 Total Expenses 467.35
 Ending Checkbook Bal. 835.39

Income	Amount	Expense	Amount
Pre-sale	_____	Facility/Rent/Fee	<u>\$75 (paid. 4/6/16).</u>
Registration	_____	Entertainment	_____
Meals,	<u>295</u>	Merchandise (list)	_____
	_____		_____
	_____		_____
50/50 Raffle	<u>62.</u>		_____
Merchandise sold	_____	Catering	_____
	_____	Supplies (list)	<u>To Mika A.</u>
<u>soda = 73 73</u>	_____		<u>330.92 - Walmart</u>
	_____		<u>136.83 BSS (Pock.</u>
	_____		_____
	_____		_____
	_____		_____
Other	_____	Other	_____
Other	_____	Other	_____
Other	_____	Other	_____
Total Amount	<u>430 430.</u>	Total Expenses	<u>467.35</u>

**Remember to include all receipts and ticket stubs if applicable

Nike A / Facilitator

8/14/16

Activities and Events

(315) 698-2864

-We had to cancel the Family Picnic Event due to a miscommunication and double booking. I apologize for the inconvenience. We also had to reschedule the Unity Road Trip due to a family emergency and only one vehicle. The Road Trip to Bath homegroup will take place on 8/26. The missing coolers have been returned and if they weren't we would have been reimbursed for the cost of replacement. The Pig Roast was a resounding success, however we did lose a little money, expect that next year the price will be going up. For some reason our check would not go through at Geneva Wal-Mart so I had to pay out of pocket. Also I personally purchased 18 park shoulders, we used 8 for the Pig Roast, I donated 2 shoulders to a friend who showed up at GAM but didn't ask for reimbursement for them. Upcoming Events are - 8/26 Road Trip

- 9/17 HUGS Day

- 10/1 Spiritual Awareness

- 10/29 Halloween

In Loving Service,
Mike

H.U.G.S. Day

2nd Annual

Presented by the Narcotics Anonymous Home Groups of Auburn, NY
in conjunction with the FLASNA A&E Committee

12:00pm — 8:00pm

Saturday September 17th 2016

Metcalf Plaza

144 Genesee St. Auburn, NY 13021

Ziti Dinner * Speaker * DJ * Bring a dish to Pass

Speaker Jam Starting at 1:00pm

Suggested Donation \$4

No Addict will be turned away.



Contacts:

Windsor: 315-283-4974*** Will: 315-515-1452*** Theo: 315-567-5236



Spirit of Love XXIX Holiday Inn Suite Raffle

\$10 a ticket!



3 chances to win a suite for 2 nights at the Holiday Inn

Only 100 tickets to be sold!



February 3-4th 2017



Need not be present to win

Drawing date to be determined

FLASCNA Proposal

DATE 8-11-16

PROPOSAL # 1

MAKER Public Relations

POSITION OR TITLE FACILITATOR

I PROPOSE THAT WE SWITCH WEB SITE CARRIER
FROM IPOWER TO GO DADDY

INTENT TO SAVE COST AND UPGRADE
FROM HTML TO WORD PRESS

FINANCIAL IMPACT (if known) Switch A 2 year Payment
OF \$254 TO ~~approx~~ \$65 PER YEAR

POLICY AFFECTED (if known) NONE

RATIONALE BY MAKER UPDATING FROM HTML TO
WORD PRESS IS A SUFERENT CHOICE
TO HAVE OTHERS MAN WEBSITE AND
TO TRAIN OTHERS

Use back of page if more space is needed

If you have an idea, don't worry about the wording – just put the idea down
The idea is more important than getting the wording just right

Proposal
PASSES

SUBCOMMITTEE/OFFICER

Date Aug 14, 2016

In The Spirit of Love
Subcommittee

Crystal B. - Fac.
Name/Title

Phone #

REPORT:

Committee met on 8-7-16. Still in need of money handler. Logo & Banner were chosen. Raffle tickets for sale \$10 a ticket for 3 chances for a free suite for the weekend. Would like for the guidelines comm. to address the post office box concerning the picking up of packages. A slip was in the P.O. Box for the past 3 months. As it was not addressed to SOL, I was unsure if I should pick it up.

~~3075.18~~ - Bal.
3075.18

Thanks
Crystal B.

FLASCNA
LITERATURE COMMITTEE
FINANCIAL REPORT

DATE 8-14-16

Committee Chair. MARLENE M
 Committee Treasurer MARLY R
 Previous Checkbook Bal. 930.94
 Total Income 519.60
 Total Expenses 12.12
 Ending Checkbook Bal. 1444.42

Income	Amount	Expense	Amount
Literature	<u>519.60</u>	WSO order	
Specialty items		Supplies (list)	
		<u>STAPLES order Frens</u>	<u>12.12</u>
Other		Other	
Other		Other	
Other		Other	
Total Amount	<u>519.60</u>	Total Expenses	<u>12.12</u>

**Remember to include all receipts and ticket stubs if applicable

SUBCOMMITTEE/OFFICER

Date 8/14/16

Literature
Subcommittee

Marlene M. / Facilitator
Name/Title

(315) 567-9683
Phone #

REPORT:

Inventory done! Old editions of: ① Temporary Working Guide to WS Structure 5/2000, ② PR Handbooks - incomplete or outdated thrown out. Membership surveys (81) & Information about NA (105) to be donated to PR to recycle.

Lit committee will be working with the Guidelines committee to revise our guidelines.

We did not get our bank statement from June at last area. We need it in order to make sure the checkbook is accurate.

in loving service,
Marlene M.

Lit Inventory - Aug-14-2016

Finger Lakes Area Literature Order Form Revised 2016

Group Name	
Ordered By	
Date Ordered	
Recorded By	
Filled By	
Receipt #	

Key Tags	\$
Chips	\$
Bronze	\$
Tri-Plate	\$
Laser Etched	\$
Books	\$
Total Page 1	\$

Specialty	\$
Home Group	\$
SP's	\$
Small IP's	\$
Large IP's	\$
Booklets	\$
Total Pg 2	\$

Total Pg 1	\$
Total Pg 2	\$
Total Order	\$
Amount Paid	\$
Change	\$

Key Tags	
Item	Quantity
Welcome	
30 Days	
60 Days	
90 Days	
6 Months	
9 Months	
1 year	
18 Months	
Multiple Years (2+)	
Total Quantity	
x	\$ 0.60
Total	\$

Medallions				
Item	Bronze	Lazer Etched	Tri-Pl/Color	Colors
1 Year				Green,
18 Months				Purple
2 Years				Blue
3 Years				Red
4 Years				Black
5 Years				Pink
___ Years (Specify)				Gold
Eternity				Violet
Total QTY				Orange
x	\$ 3.25	\$ 12.75	\$ 24.00	
Total	\$	\$	\$	

Chips	
Item	Quantity
Welcome	
30 Days	
60 Days	
90 Days	
6 Months	
9 Months	
1 year	
18 Months	
Multiple Years (2+)	
Total Quantity	
x	\$ 0.40
Total	\$

Books				
Item	Quantity	Price	Total	
Basic Text (Hard)	1	\$ 12.00	\$	
Basic Text (Soft)		\$ 12.00	\$	
Basic Text (Spanish)		\$ 12.00	\$	
It Works: How and Why (Hard)	1	\$ 9.25	\$	
It Works: How and Why (Soft)		\$ 9.25	\$	
Just For Today (Soft)	1	\$ 9.25	\$	
Step Working Guide (Soft)	1	\$ 8.75	\$	
Living Clean (Hard)	1	\$ 10.25	\$	
Living Clean (Soft)		\$ 10.25	\$	
Sponsorship (Soft)		\$ 8.50	\$	
Introductory Guide to NA	6	\$ 2.25	\$	
Miracles Happen w/ Audio CD		\$ 11.00	\$	
Total		\$	\$	

Specialty			
Item	Quantity	Price	Total
Basic Text Audio CD Set		\$ 11.00	\$
Basic Text - Large Print		\$ 15.75	\$
Basic Text - Pocket Size		\$ 12.00	\$
Basic Text - Gift Edition		\$ 26.75	\$
It Works How and Why - Large Print		\$ 12.75	\$
It Works How and Why - Gift Edition		\$ 17.75	\$
Just For Today - Pocket Size		\$ 9.25	\$
Just For Today - Gift Edition		\$ 17.75	\$
JFT Keychain Lazer Medallion Holder		\$ 8.00	\$
NA Wallet Cards Group Readings (15)		\$ 2.85	\$
Basic Text Mug		\$ 7.00	\$
Basic Text Timeline Mug		\$ 16.75	\$
Living Clean Mug		\$ 16.75	\$
Acrylic Medallion Holder		\$ 20.00	\$
Total			\$

It Works How & Why - pocket size
 # of _____ \$9.25 - Total \$ _____

Information Pamphlets (IP's)		
#	Item	Quantity
1	Who, What, How and Why	26
5	Another Look	11
6	Recovery and Relapse	28
7	Am I an addict	30
8	Just for Today	18
9	Living the Program	26
11	Sponsorship (Soft)	19
12	Triangle of Self-Obsession	19
13	For Young Addicts - By Young Addicts	19
14	One Addict's Experience....	
15	PI and the NA Member	
16	For the Newcomer	29
19	Self Acceptance	29
20	H&I and the NA Member	
22	Welcome to Narcotics Anonymous	29
23	Staying Clean on the Outside	
26	Accessibility for Those With.....Needs	7
29	Introduction to NA Meetings	28
Total Quantity		
		x \$ 0.35
Total		\$

Service Pamphlets			
World Board Approved Group Tools			
Not For Use In Meetings As Recovery Readings			
Item	Quantity	Price	Total
An introductory to NA Meetings		\$ 0.45	\$
Group Business Meetings		\$ 0.45	\$
Group Trusted Servants Roles and Responsibilities		\$ 0.45	\$
Disruptive and Violent Behavior		\$ 0.45	\$
NA Groups and Medication		\$ 0.45	\$
Principles of Leadership in NA Service		\$ 0.45	\$
Social Media - Our Guiding Principles		\$ 0.45	\$
Behind the Walls		\$ 1.00	\$
H & I Hand Book w/ Audio CD		\$ 9.65	\$
PR handbook (Reg 3 Hole Punch Paper)		\$ 10.00	\$
Total			\$

Large IP's		
#	Item	Quantity
2	The Group	1
17	For Those In Treatment	
21	The Loner	
	NA a Resource in Your Community	6
27	For the Guardians of Young People in NA	3
28	Funding NA Services	
Total Quantity		
		x \$ 0.50
Total		\$

Booklets			
Item	Quantity	Price	Total
NA White Booklet	16	\$ 1.00	\$
Fourth Step Guide	2	\$ 1.00	\$
In Times of Illness	4	\$ 3.25	\$
Total			\$

In Formation About NA membership survey 10
 15

16 pocket wine rack - at Todd's house for public presentations

Business cards 253
 meeting banner at Todd's house

Home Group Tools and Booklets			
Item	Quantity	Price	Total
Twelve Concepts of NA Service		\$ 2.05	\$
Guide to Local Services in NA		\$ 7.05	\$
Group Treasurer's Workbook		\$ 2.00	\$
Group treasurer's Record Pad		\$ 1.00	\$
Group Readings (Set of 7)		\$ 4.05	\$
Group Readings - Spanish (Set of 7)		\$ 4.05	\$
Complete Posters (Set of 6)		\$ 10.00	\$
Complete Posters - Spanish (Set of 6)		\$ 10.00	\$
12 Concept Posters		\$ 3.30	\$
12 Concept Posters - Spanish		\$ 3.30	\$
The Group Booklet		\$ 1.00	\$
Literature Rack (16 pocket)		\$ 26.50	\$
Group Instructional Guide		\$ 2.00	\$
Group Instructional Guide (Spanish)		\$ 2.00	\$
Money Bag		\$ 5.00	\$
Group Starter Kit (Free to New Groups)		\$ 6.75	\$
Total			\$